

## MEXICAN BREAKFAST

**Angelina Special Plate:**.....\$10.00  
Two eggs any style, grilled cactus, onions, tomato, with black beans, hash browns, guacamole, tortillas.

**Nopalitos Con Huevos Plate:** ..... \$9.25  
One scrambled egg, fresh cactus, onions, tomato, with rice, black beans, tortillas.

**Breakfast Olé Plate:**  
Two scrambled eggs with diced onions & tomato, with rice, beans, tortillas.

Regular.....\$7.00 With diced ham:.....\$10.00

**Machaca & Eggs Plate:**.....\$9.00  
Two scrambled eggs diced onions, tomato choice of shredded beef or chicken, with rice, beans, tortillas.

**Chorizo Con Huevos Plate:**.....\$9.00  
Two scrambled eggs, chorizo, with rice, beans, tortillas.

**Huevos Rancheros Plate:**.....\$7.50  
Two eggs any style topped with our homemade ranchero sauce & cheese, with rice, beans.

Breakfast served till 4pm

**Chilaquiles Plate:**.....\$9.00  
Corn chips sautéed with chilaquile sauce, cheese, onions, cilantro and sour cream on top with rice, beans, eggs.

**Chile Verde (Pork) & Eggs Plate:** .....\$13.00  
Two eggs, side of tender pork in green tomatillo sauce, with rice, beans, tortillas.

**Juan Special Plate:** ..... 10.50  
Slice of ham topped with two eggs and homemade ranchero sauce, cheese, with rice, beans, tortillas.

## AMERICAN BREAKFAST

**Sausage & Eggs Plate:** .....\$8.50  
Two eggs any style, three sausages, your choice of rice & beans or hash browns, tortillas or toast.

**Bacon & Eggs Plate:** .....\$8.50  
Two eggs any style, three slices of bacon, your choice of rice & beans or hash browns, tortillas or toast.

**Ham & Eggs Plate:** .....\$10.00  
Two eggs any style, side of ham, your choice of rice & beans or hash browns, tortillas or toast.

**Chopped Steak & Eggs Plate:**.....\$13.50  
Two eggs any style, side of Carne Asada with your choice of hash browns or rice & beans, tortillas or toast.

**Egg & Veggies Plate:**.....\$8.75  
Three scrambled egg whites, onions, bell pepper, spinach, mushrooms, zucchini.

**Sarlo Special Plate:** .....\$9.50  
Two egg whites scrambled, chicken breast, with rice, black beans, tortillas.

**Protein, Calcium, Fiber Plate:**.....\$8.50  
Three scrambled eggs, spinach, black beans.

## BURRITOS & TACOS

**Breakfast Burritos:**  
Any breakfast plate can be wrapped up on a flour tortilla for the same price and portion.

**Texas Taco:** .....\$4.00  
One egg, hash browns, diced ham, cheese on flour tortilla.

**Jason Taco:** .....\$4.25  
One over easy egg, steak cooked in chilaquile sauce, cheese on flour tortilla.

## YOGURT SMOOTHIES

S: \$5.00 M: \$6.75 L: \$10.00 Gal: \$32.00  
ADD BOOST .75¢ Whey Protein / Fiber / Flax Seed / Glutamine / Amino Acids

**Mango Wango:** Mango, banana, orange juice, non-fat yogurt.

**Berry Good:** Strawberry, raspberry, blueberry with non-fat yogurt.

**Fan of Banana:** Banana, non-fat yogurt.

**Mellow Yellow:** Mango, pineapple, peach, banana, orange juice, non-fat yogurt.

**Playa Del Rey (seasonal):** Watermelon, mango, cantaloupe, non-fat yogurt.

**Playa Papaya:** Papaya, banana, orange juice, non-fat yogurt.

**Strava:** Strawberry, banana, guava juice, non-fat yogurt.

**Culver:** Pineapple, strawberry, raspberry, non-fat yogurt.

**Blubana:** Blueberry, banana, non-fat yogurt.

**P.B.P:** Pineapple, banana, papaya, orange juice, non-fat yogurt.

**Red White Blue:** Strawberry, banana, blueberry, non-fat yogurt

**Espresso Smoothie:** Espresso, non-fat yogurt

**G-Force:** Banana, peanut butter, non-fat yogurt

**Orange Dream:** Orange juice, non-fat yogurt

**Dirt Magurt:** Oreos, non-fat yogurt

**Caribbean:** Mango, papaya, banana, Guava Juice, non-fat yogurt

**Blue Man:** Blueberry, mango, non-fat yogurt.

**Peach-on-the-Beach:** Peach, strawberry, non-fat yogurts.

## FRESH FRUIT JUICES / FROZEN YOGURTS

S: \$5.00 M: \$6.75 L: \$10.00 Gal: \$32.00

**Thai Coconut** \$5.00

**Green Apple Juice**

**Orange Juice**

**Ruby Red Grapefruit (seasonal)**

**Watermelon (seasonal)**

**Maui:** Green apple, papaya, banana, pineapple, mango.

**Berry Ruby (seasonal):** Grapefruit, strawberry, blueberry, banana

**OMB:** Orange, mango, banana

**OPB:** Orange, pineapple, banana

**OMP:** Orange, mango, pineapple

**OM:** Orange, mango

**Junior:** Green apple, strawberry, blueberry, mango, pineapple, banana

**FRESH FRUIT SALAD (seasonal):**  
Served Fresh Daily (Get your daily fruit MDR)  
Mango, Pineapple & Strawberry  
S:\$4.00 L:\$7.00

**Soft Frozen Yogurt**  
S: \$3.50 Cones: \$2.25  
Non-fat vanilla · Non-fat original tart

**TOPPINGS:** \$0.50ea.  
Chocolate Chips · Almonds · Oreos  
Chocolate or Caramel Syrups · Rainbow Sprinkles  
Strawberry, Mango, Pineapple

## VEGGIE JUICES

S: \$5.00 M: \$6.75 L: \$10.00 Gal: \$32.00

Ginger on request light, medium or spicy

**Organic Wheat Grass shot**

**Ginger Cayenne Pepper shot:**

1oz. shot \$1.75 2oz. shot \$3.50

**Dr.Feel Good:** Carrot, beet, celery, spinach, kale, orange.

**Green Machine:** Green apple, celery, spinach, kale, cucumber.

**The Ben Senior:** Orange, celery, carrot, beet.

**3 • 4 • 3:** Carrot, celery, beet.

**The OC:** Orange, carrot.

**Big Ben:** Lemon, ginger, celery, spinach, kale, carrot, pineapple, orange.

**Felipe:** Lemon, celery, cucumber, tomato, habanero hot sauce, cayenne pepper, salt.

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310.822.7733

## OMELETTE SPECIALTIES

**The Veggie Omelette:**.....\$11.50  
Three eggs, mushrooms, zucchini, onions, colorful bell peppers, spinach, avocado, with rice, black beans, tortillas.

**Ranchero Chicken Omelette:** .....\$11.50  
Three egg whites, chicken breast, spinach topped with our homemade ranchero sauce, with rice, black beans, tortillas.

**Ranchero Puerco Omelette:** .....\$11.50  
Three eggs, diced ham, topped with our homemade ranchero sauce, cheese, hash browns, tortillas or toast.

**ABC Omelette:**.....\$12.00  
Three eggs, avocado, bacon, cheese, hash brown, tortillas or toast.

**Green Chile Omelette:**.....\$10.75  
Three eggs, green chiles, feta cheese, hash browns, tortillas or toast.

**Chicken Feta Omelette:**.....\$11.50  
Three egg whites, grilled chicken breast, feta cheese, grilled onions, rice, black beans, tortilla.

**Denver Omelette:** .....\$11.50  
Three eggs, onions, colorful bell pepper, ham, cheese, hash browns, tortillas or toast.

**Ham Omelette:** .....\$11.50  
Three eggs, diced ham, cheese, hash browns, tortillas or toast.

**Chicken Colorado Omelette:**.....\$11.25  
Three eggs, Chicken Colorado, cheese, with rice, beans, tortillas.

Serving the community since 1980

Fresh & Healthy

MEXICAN FOOD



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## APPETIZERS

**Nachos:**  
Homemade chips with cheese, sour cream & guacamole.

**Cheese:**.....\$8.00

**Beans & Cheese:** .....\$8.75

**Grilled Veggies:**..... \$11.00  
Grilled onions, bell peppers, zucchini, mushrooms, spinach.

**Chicken, Pork, Ground Beef:** ..... \$11.00

**Carne Asada:**..... \$11.50

**Ceviche:**  
Fine minced tilapia with diced cucumber, carrots, onions, tomatoes, mint, avocado, cilantro served with chips.

4oz.....\$4.25      8oz.....\$8.50

**Taquitos:**..... (3) \$7.50  
Crunchy homemade beef taquitos on a bed of lettuce, sour cream, guacamole. (3 minimum)

**Chicken Soup:**  
Whole chicken with crunchy carrots, rice, zucchini, potatoes, onions, cilantro, corn or flour tortilla.

• Large Soup.....\$11.00  
(Two pieces of chicken)

• Small Soup .....\$5.50  
(One piece of chicken)

*Note: Soup is heated by order 5min minimum*

**Snack Size Quesadilla:**.....\$3.00  
7" Snack size flour or corn tortilla, cheese, sour cream & fresh guacamole.

**Quesadillas:**  
14" Flour tortilla, cheese, sour cream, guacamole.

	Med	Giant
<b>Cheese:</b> .....	<b>\$7.00</b> .....	<b>\$10.00</b>

**Grilled Veggies:**.....**\$9.50**.....**\$17.00**  
Grilled onions, bell pepper, zucchini, spinach, mushrooms.

**Chicken, Pork, Ground Beef:**...**\$9.50**.....**\$17.00**

**Carne Asada:**.....**\$10.00**.....**\$18.00**

**Chicken Fajitas:**.....**\$10.50**.....**\$18.00**  
**Quesadilla**

**Beef Fajitas:**.....**\$11.00**.....**\$21.00**  
**Quesadilla**

**Fish:**.....**\$11.00**.....**\$21.00**  
Cod or Tilapia.

**Shrimp A La Diabla:**...**\$12.00**.....**\$23.00**  
Shrimp, grilled onions, sweet and spicy sauce.

**Homemade Chips & Dip:**  
Note: Chip servings: small 2 - 3 people, medium 4 - 6 people, large 6 - 9 people.

**Chips:** S:...\$1.75 M:...\$3.50 L:...5.25

**Salsa:**      S: \$1.00 M: \$ 2.00  
                  L: \$4.00 XL: \$ 8.00

**Habanero/Serrano hot sauce:**  
                  S: \$2.00 M: \$ 4.00  
                  L: \$8.00 XL: \$16.00

**Guacamole:** S: \$3.00 M: \$ 6.00  
                  L: \$12.00 XL: \$24.00

**Sour Cream:** S: \$1.50 M: \$ 2.75  
                  L: \$5.00 XL: \$10.00

**Refried Beans with Cheese:**  
                  M:\$2.00 L:\$4.00 XL:\$8.00

**A La Carte Containers:**  
Chicken Colorado, Grilled Chicken

Carnitas, Adobada, Chile Verde, Ground Beef  
M: \$7.00 L: \$14.00 XL: \$28.00

**Carne Asada**  
M: \$7.50 L: \$15.00 XL: \$30.00

**Nopalitos:** Cactus, Onions, Tomato Sautéed

**House Veggies Mix:** Onions, Bell Peppers, Spinach, Zucchini and Mushrooms.  
M: \$4.00 L: \$8.00 XL:\$16.00

## SIDES

**2 Slices of Toast:** ..... \$1.00

**One Egg any style:** ..... \$1.50

**Bacon OR Sausage:** .....\$3.50

**Ham:** .....\$4.25

**Hash Browns:** .....\$3.50

**Ranchero Sauce: 8oz:** .....\$2.00

**Side of Avocado:**.....\$2.00

**Veggies:** .....\$3.50

**Nopalitos:**.....\$3.50

**Corn or Flour Tortilla:** ..... \$0.20 each

**Fruit Salad:**(Strawberry, Mango, Pineapple) **\$4.00**

**Taco Plate**  
Soft shells corn or flour, with onions, cilantro lettuce, cheese served with rice, beans.

**A la Carte**...\$3.75  
1 Taco...\$6.25 2 Tacos...\$10.00  
3 Tacos...\$13.75

- Carne Asada (.25¢ extra each taco)
- Carnitas (Tender pork)
- Chicken Colorado (Shredded chicken breast in red sauce)
- Grilled Chicken Breast
- Ground Beef
- Grilled House Veggies
- Nopalitos
- Chile Verde (Tender pork in tomatillo salsa)
- Adobada (Tender marinated pork)

## LUNCH & DINNER

**Martin's Kicken Chicken Taco**  
Grilled chicken breast & onions cooked in a tasty red chile sauce, cheese, guacamole, lemon juice, cilantro on a corn tortilla, rice, beans.

**A la Carte** \$4.50  
1 Taco...\$7.00 2 Tacos...\$11.50  
3 Tacos...\$16.00

**Taquitos Plate**  
Four crunchy homemade beef taquitos on a bed of lettuce, sour cream, guacamole, rice, beans.

**Side Taquitos**...(3) \$7.50  
**Plate**...\$12.50

## PLATES

**Enchiladas Suizas Plate:**  
Our homemade green sauce, topped with cheese, sour cream and your choice of chicken, beef, pork, veggies, or cheese with rice, beans.

**A la cart ...** \$4.50      (1) Enchilada ... \$7.00  
(2) Enchiladas..\$11.50 (3) Enchiladas \$16.00  
**Carne Asada .25¢ extra each**

**Enchiladas Rojas Plate:**  
Our homemade red sauce topped with cheese, guacamole and your choice of chicken, beef, pork, veggies or cheese with rice, beans.

**A la cart .....** \$4.25      (1) Enchilada ... \$6.75

(2) Enchiladas \$11.00 (3) Enchiladas..\$15.25  
**Carne Asada .25¢ extra each**

## SALADS & TOSTADAS

**Famous Fajitas Salad:**  
Bed of spring mix guacamole, sour cream.

<b>Chicken</b> .....	<b>\$10.00</b>
<b>Beef</b> .....	<b>\$11.00</b>
<b>Fish (Cod or Tilapia)</b> .....	<b>\$13.00</b>
<b>Shrimp</b> .....	<b>\$14.00</b>

**Chicken Breast Salad:** ..... \$10.00  
Grilled chicken breast on a bed of spring mix, tomato, avocado, cilantro.

**Catch of the Day Salad:**..... \$14.50  
Your choice of Cod or Tilapia with grilled veggies, avocado, on a bed of spring mix, tomato.

**Shrimp A La Diabla Salad:** ..... \$16.50

Cabbage, spinach, spring mix, shrimp sautéed with onions sweet and spicy, avocado, feta cheese.

**Fish Tacos**  
Grilled Cod or Tilapia, cabbage, avocado tomatillo sauce on soft corn tortilla, with rice, beans.

**A la Carte** \$4.25  
1 Taco...\$6.75 2 Tacos...\$11.00  
3 Tacos...\$15.25

**Shrimp Tacos A la Diabla**  
Shrimp sauté with onions, sweet and spicy sauce, topped with cabbage and avocado tomatillo sauce, corn tortilla, with rice, beans.

**A La Carte** \$4.75  
1 Taco...\$7.25 2 Tacos...\$12.00  
3 Tacos...\$16.75

**Chopped Meat Plate:**.....\$15.50  
Choice of beef, chicken or pork with rice, beans, guacamole, sour cream, tortillas.  
**Carne Asada \$1.00 extra**

**Chile Relleno Plate:**  
Chile relleno with enchilada red sauce on top with cheese, rice, beans & guacamole.

**A la cart .....** \$4.25      (1) Relleno .... \$6.75  
(2) Rellenos.....\$11.00      (3) Relleno's.\$15.25

**Torta**  
Refried beans, lettuce, tomato, mayonaise, avocado.  
**Chicken, Pork, Beef, Veggies**..... \$10.00

**Carne Asada .50¢ extra**

**The Original Vegetarian Burrito:**  
Rice, black beans, guacamole,salsa, cheese wrapped in a wheat tortilla.  
**Regular:**.....\$6.75  
**Add fajita veggies** (colorful bell peppers,onions,tomato): .....\$9.25  
**Add grilled chicken:**.....\$10.00

**Nopalitos Burrito:** .....\$8.00  
Fresh grilled cactus, onions, tomato, rice, black beans, wrapped in a wheat tortilla.

**Garden Burrito:** .....\$9.75  
Grilled zucchini, colorful bell peppers, mushrooms, onions, spinach, avocado, rice, black beans, wrapped in a flour tortilla.

**Taco Burrito:** .....\$8.00  
Ground beef, lettuce, salsa, cheese.

**Chile Verde (Pork) Burrito:**.....\$8.00  
Tender pork in green tomatillo salsa, rice, beans.

**Carlito's Way Burrito:** .....\$11.25  
Lemon juice, carne asada, grilled onions, cheese, guacamole, rice, beans.

**Martin's Kicken Chicken Burrito:**.....\$10.75  
Grilled chicken breast, grilled onions cooked in a tasty red chile sauce, cheese, guacamole, lemon juice, cilantro, rice, beans.

**Carne Asada Burrito:**.....\$9.50  
Carne Asada, rice, beans.

**Carnitas Burrito:** .....\$8.00  
Tender pork, rice, beans.

**Café:**  
Espresso: single:.....\$1.90 double:....\$2.15  
Latte: single:.....\$2.90 double:....\$3.75  
Cappuccino single: \$2.90 double:....\$3.75  
Americano single:...\$2.10 double:....\$3.00  
Coffee Colombian Medium Roast:.....\$2.25  
Decaf Regular Colombian Coffee:.....\$2.25  
Red eye:.....\$4.15  
Small Iced Coffee: .....\$2.25

## LEANER CUISINE BURRITOS

**Felipe Burrito:** .....\$12.00  
Grilled chicken, spinach, brown rice, black beans & avocado rolled in a spinach tortilla.

**Healthy Start Burrito:**  
Spinach, black beans wrapped in a spinach tortilla.  
**Grilled Chicken Breast**.....\$9.50  
**Carne Asada** ..... \$10.00

**The Napoleon Burrito:** .....\$12.00  
Grilled chicken breast with grilled onions, colorful bell peppers, mushrooms, zucchini, spinach, wrapped in a spinach tortilla.

**BURRITO EXTRAS**  
Avocado: .....\$2.00  
Guacamole: .....\$2.00  
Sour Cream:.....\$1.00  
Original Wet Sauce:.....\$1.00  
Suiza Wet Sauce: .....\$1.50  
Wet Avocado Tomatillo Sauce:.....\$2.00  
Wheat or Spinach Tortilla: .....\$0.50  
Veggies:.....\$2.00  
Lettuce: .....\$0.35  
Tomatoes: .....\$0.25  
Extra Cheese: .....\$1.00  
Toasted: .....\$0.50  
Spinach: .....\$1.00  
Grilled Onions:.....\$0.25

## SUPER BURRITOS

**Chicken Colorado Burrito:** .....\$8.00  
Shredded chicken breast in red sauce, rice, beans.

**Grilled Chicken Breast Burrito:** .....\$9.00  
Chicken breast, rice, beans.

**Shrimp Burrito A la Diabla:** .....\$12.00  
Shrimp sauté with onions, sweet and spicy sauce, rice, beans, cabbage, avocado tomatillo salsa.

**Fish Burrito:**.....\$11.00  
Cod or Tilapia, cabbage, avocado tomatillo sauce, rice, beans.

**Rice & Beans Burrito:** .....\$4.00

**Beans & Cheese Burrito:**.....\$4.75

**Rice, Beans & Cheese Burrito:**.....\$4.75

**Señor G's Grande:**.....\$23.00  
(Serves 2) Two flour tortilla with rice, beans, cheese, salsa, guacamole, sour cream with beef, chicken, pork.

**Bebeto Burrito:**.....\$16.00  
Grilled chicken breast, crispy bacon, melted cheese, sour cream, rolled on a toasted spinach tortilla.

**Burrito Plate:** .....\$15.50  
All meat burrito, side of rice, beans, sour cream, guacamole, lettuce.  
**Carne Asada \$1.00 extra**

**Relleno Burrito:**.....\$9.00  
Homemade chile relleno, rice, beans with a touch of wet sauce inside.

**Adobada Burrito** ..... \$9.00  
Tender marinated pork, grilled onion, rice, beans, cilantro, tomatillo salsa.

## BEVERAGES

**Té:**  
Green Tea: .....\$2.25  
Chamomile: .....\$2.25  
Earl Grey: .....\$2.25  
English Breakfast: .....\$2.25  
Manfredo: (Ginger, lemon juice, & honey).....\$3.50

## Agua Frescas

S:..\$2.25 M:..\$3.35 L:..\$4.50 Gal..\$15.00

Horchata • Jamaica • Limónada • Arnold Palmer  
No Refills

## PANCAKES & FRENCH TOAST

**Silver Dollar pancakes:** ( Four ):..... \$2.25

**4-2-2:**.....\$9.00

4 half's French Toast, 2 bacons or 2 sausages and 2 eggs any style.

**French Toast & Eggs:**.....\$5.50

4 half's French Toast and 2 eggs any style.

**2-2-2:**.....\$9.00

2 pancakes, 2 eggs any style & your choice of 2 bacons or 2 sausages.

**Pancakes:**  
2 stacks: \$4.50 - 3 stacks: \$6.75

**Cinnamon Pancakes:**  
2 stacks: \$4.75 - 3 stacks: \$7.25

**Banana Pancakes:**  
2 stacks: \$5.00 - 3 stacks: \$7.50

**Blueberry Pancakes :** (Seasonal)  
2 stack: \$5.00 - 3 stack: \$7.50

**Fresh Strawberry Pancakes:**  
2 stack: \$5.00 - 3 stack: \$7.50

**Chocolate Chips Pancakes:**  
2 stack: \$5.00 - 3 stack: \$7.50